



# Personality Theory and Research: An International Perspective

By Gordon L. Flett

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Personality Theory and Research provides an excellent balance between theory and research, and between new developments and important historical contributions to the study of personality. This text is uniquely dedicated to providing a truly international and cross-cultural perspective on personality by discussing theories and examining research from Canada and around the world. The extensive focus on applied research encourages a person-centred approach and illustrates that personality and individual differences matter greatly. The text's use of relevant personality examples, a lively and engaging writing style, and four-colour design helps today's student reader connect with this dynamic discipline.

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