



Recipes for a Sacred Life: True Stories and a Few Miracles

By Rivvy Neshama

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From dancing to forgiving, from walking at dawn to sharing dinner with a stranger, Rivvy Neshama invites us to find the sacred--in unexpected places and everyday life. These short true tales are magical yet down to earth and filled with heart and humor, connecting us more deeply with love, joy, and purpose

In the spirit of Anne Lamott, Mitch Albom, and Rachel Naomi Remen, *Recipes for a Sacred Life* is luminous and uplifting--a gift for all.

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Recipes for a Sacred Life: True Stories and a Few Miracles By Rivvy Neshama Bibliography

- Sales Rank: #122234 in Books
- Brand: Brand: Divine Arts
- Published on: 2013-11-01
- Original language: English
- Number of items: 1
- Dimensions: 8.00" h x .90" w x 5.20" l, .68 pounds
- Binding: Paperback
- 239 pages

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Editorial Review

Review

"Exquisite storytelling.... Written in the spirit of Elizabeth Gilbert or Anne Lamott, Neshama's stories (and a few miracles) are uplifting, witty, and wise." -- *Publishers Weekly*

"It's smart, funny, and moving. It invites in the believers and welcomes the skeptics, and reading it made me feel great!" -- **Barbara Fisher, book critic and correspondent for the *Boston Globe***

"*Recipes for a Sacred Life* left us moved -- and changed.... Wise, poignant, funny, and inspiring." -- *Redbook* (Book Club pick for Jan 2014)

"Blessings upon Rivvy and her beloved mother for their combined wisdom that leads to living a fully present life and loving it." -- **Michael Bernard Beckwith, author of *Life Visioning* and founder of Agape International Spiritual Center**

"This beautiful book can make you think, open your heart, elicit a tear, and bring up some joy-filled, laugh-out-loud moments." -- *Science of Mind*

"Inspiring, enlightening, and entertaining. Sit back and enjoy!" -- **Dharma Singh Khalsa, M.D., author of *The New Golden Rules and Meditation As Medicine***

"With a flowing style of writing and a beautiful way of looking at the world, Neshama has written the essential handbook to living a sacred and meaningful life." -- *Women's Adventure Magazine*

"The stories in this book are indeed recipes. They are recipes for learning, enjoyment, and feeling the exhilaration of what it is to be alive! A literary gift...." -- **John Perkins, *New York Times* bestselling author of *Confessions of an Economic Hit Man***

"Wouldn't it be wonderful if there was a guide to happiness? *Recipes for a Sacred Life* is the closest thing I've found ... adding love and joy to the everyday." -- *FIRST for Women Magazine*

"You might think by its title that this is another self-help book offering advice and spiritual directives. If you did, you'd be wrong. It's much more than that and much more fun to read. Rivvy Neshama's inspiring stories are moving, playful, and enlightening. She offers timeless wisdom that will enrich the lives of readers of all ages and backgrounds. I highly recommend it!" -- **Charlie Bloom, co-author of *101 Things I Wish I Knew When I got Married***

"A bright promise of awakening.... The tales carry a resonance similar to healing stories from Rachel Naomi Remen's *Kitchen Table Wisdom*." -- *ForeWord Reviews*

"Rivvy's delightful stories open the heart and raise us to a higher level of compassion and generosity. Read them, one at a time, and then daydream on them ... and you will take on a glow of joy and feel more secure in God's world." -- **Rabbi Zalman Schachter-Shalomi, author of *Davening: A Guide to Meaningful Jewish Prayer***

"It charms and inspires. What more could one ask?" -- **Hal Zina Bennett, author of *Write from the Heart:***

Unleashing the Power of Your Creativity

Users Review

From reader reviews:

Brandy Hagaman:

As people who live in typically the modest era should be up-date about what going on or information even knowledge to make them keep up with the era which is always change and advance. Some of you maybe will probably update themselves by reading through books. It is a good choice for yourself but the problems coming to an individual is you don't know what one you should start with. This Recipes for a Sacred Life: True Stories and a Few Miracles is our recommendation to make you keep up with the world. Why, since this book serves what you want and want in this era.

Phyllis Baudoin:

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Jennifer Crowe:

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Clarence McKeever:

Is it you who having spare time then spend it whole day by watching television programs or just lying on the bed? Do you need something new? This Recipes for a Sacred Life: True Stories and a Few Miracles can be the answer, oh how comes? The new book you know. You are consequently out of date, spending your spare time by reading in this fresh era is common not a geek activity. So what these guides have than the others?

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