



The Edible City

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The Edible City From Coach House Books

If a city is its people, and its people are what they eat, then shouldn't food play a larger role in our dialogue about how and where we live? The food of a metropolis is essential to its character. Native plants, proximity to farmland, the locations of supermarkets, immigration, food-security concerns, how chefs are trained: how a city nourishes itself might say more than anything else about what kind of city it is.

With a cornucopia of essays on comestibles, *The Edible City* considers how one city eats. It includes dishes on peaches and poverty, on processing plants and public gardens, on rats and bees and bad restaurant service, on schnitzel and school lunches. There are incisive studies of food-safety policy, of feeding the poor, and of waste, and a happy tale about a hardy fig tree.

Together they form a saucy picture of how Toronto – and, by extension, every city – sustains itself, from growing basil on balconies to four-star restaurants. Dig into *The Edible City* and get the whole story, from field to fork.

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Editorial Review

Review

'The common theme here is connecting people through food. In the final essay, Wayne Roberts of the Toronto Food Policy Council suggests that this connection is really about empowerment, and empowering readers is exactly what *The Edible City* is sure to do.' – *Quill and Quire*

'*The Edible City: Toronto's Food From Farm to Fork* is an eclectic potluck, exploring the forces that have shaped such civic issues as the protection of urban farmland and support for urban agriculture initiatives. Through topics as varying as Hamutal Dotan's quest for 'ethical meat' and Stéphanie Verge's visit to the rooftop beehives at the Royal York Hotel, 41 essays by some of Toronto's foremost food writers contribute to the feast of opinions on why Canada's largest city has always had a visionary relationship with food.' – *Canadian Geographic*

'Part historical recollection, part rallying cry and part love letter to all things gustatory in our fair city, this compilation has an angle for every taste.' *Taste T.O.*

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About the Author

Christina Palassio is the managing editor of Coach House Books, and the co-editor of *The State of the Arts: Living with Culture in Toronto*, *GreenTOpia: Towards a Sustainable Toronto*, *The Edible City: Toronto's Food from Farm to Fork* and *HTO: Toronto's Water from Lake Iroquois to Lost Rivers to Low-flow Toilets*.

Alana Wilcox is the Senior Editor at Coach House Books and one of the founding editors of the uTOpia series, which includes uTOpia: Towards a New Toronto, *The State of the Arts: Living with Culture in Toronto*, *The Edible City: Toronto's Food from Farm to Fork* and *GreenTOpia: Towards a Sustainable Toronto*.

Users Review

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Orlando Bush:

The book *The Edible City* give you a sense of feeling enjoy for your spare time. You can use to make your capable far more increase. Book can to get your best friend when you getting stress or having big problem together with your subject. If you can make reading through a book *The Edible City* to be your habit, you can get much more advantages, like add your capable, increase your knowledge about a few or all subjects. You could know everything if you like open up and read a e-book *The Edible City*. Kinds of book are several. It means that, science book or encyclopedia or some others. So , how do you think about this book?

Richard Stratton:

The actual book *The Edible City* has a lot details on it. So when you read this book you can get a lot of profit. The book was authored by the very famous author. The author makes some research previous to write this book. This specific book very easy to read you will get the point easily after perusing this book.

Randy Hunter:

Precisely why? Because this *The Edible City* is an unordinary book that the inside of the reserve waiting for you to snap this but latter it will shock you with the secret the item inside. Reading this book beside it was fantastic author who write the book in such wonderful way makes the content within easier to understand, entertaining method but still convey the meaning fully. So , it is good for you for not hesitating having this any more or you going to regret it. This amazing book will give you a lot of positive aspects than the other book include such as help improving your proficiency and your critical thinking means. So , still want to postpone having that book? If I had been you I will go to the book store hurriedly.

Kimberly Spradlin:

The book untitled *The Edible City* contain a lot of information on the item. The writer explains the girl idea with easy approach. The language is very easy to understand all the people, so do definitely not worry, you can easy to read that. The book was written by famous author. The author brings you in the new period of literary works. It is possible to read this book because you can keep reading your smart phone, or model, so you can read the book within anywhere and anytime. In a situation you wish to purchase the e-book, you can open up their official web-site and also order it. Have a nice examine.

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