



# Multicultural Counseling and Psychotherapy: A Lifespan Approach (5th Edition) (Merrill Counseling (Paperback))

By Leroy G. Baruth, M. Lee Manning

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**Multicultural Counseling and Psychotherapy: A Lifespan Approach (5th Edition) (Merrill Counseling (Paperback))** By Leroy G. Baruth, M. Lee Manning

*A unique approach to counseling and psychotherapy that takes both cultural diversity and lifespan stages into consideration.*

This distinctive book on counseling and psychotherapy takes the unique stance that understanding cultural backgrounds as well as life stages will give counselors the information and knowledge they need to best serve their clients. In addition to exploring the lives and experiences of African American, Hispanic American, Asian American, European American, and American Indian populations, this text also considers the other powerful influences on clients' lives, such as sexuality, gender, socioeconomic class, disabilities, and religion. Finally, the text examines professional issues in multicultural counseling as well as current research and trends. The book has several key features designed to help students learn, including case studies, development and counseling features, all new suggested readings, and new sections on spiritualism and disabilities. At the same time, alignment with CACREP standards and a discussion of ACA's 2005 Ethical Standards are included in the text.

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## **Editorial Review**

From the Back Cover

This unique counseling and psychotherapy text focuses on what stage clients are in their development and how their cultural background, race, sexuality, gender, class, or spirituality have influenced their lives. Focusing on the unique challenges faced by African American, Hispanic American, Asian American, European American, and American Indian populations, this book's distinctive lifespan approach ensures that students will learn to be culturally effective counselors. In addition to teaching readers how to best understand and counsel culturally diverse clients, this book also covers multicultural human growth and development and professional issues and future directions in the multicultural counseling field.

*New to this edition:*

- **Case studies and accompanying reflection questions** give students the opportunity to read about real-world cases and answer insightful questions designed to stimulate student thought.
- **Counseling and development features** examine specific development characteristics and offer students detailed and proven counseling strategies.
- **Alignment with CACREP standards** helps both students and instructors see how the book's material reflects these standards.
- **Inclusion of ACA 2005 Ethical Standards** allow students to learn ACA Ethical Standards, both through highlights and through online resources.
- **New material on spiritualism and disabilities** introduce students to two more significant influences in clients' lives that can lead readers to be more effective counselors.
- **All new suggested readings** give students and access to the most current research and scholarly opinions in the field.
- **A new emphasis on socioeconomic conditions**, including information from the US Census Bureau, allow students to see the effects of socioeconomic conditions on each of the five cultural groups.

## **Users Review**

**From reader reviews:**

**Shirley Frazier:**

Reading a guide can be one of a lot of pastime that everyone in the world likes. Do you like reading book consequently. There are a lot of reasons why people enjoy it. First reading a reserve will give you a lot of new info. When you read a reserve you will get new information mainly because book is one of various ways to share the information or their idea. Second, reading through a book will make you more imaginative. When you studying a book especially fictional works book the author will bring someone to imagine the story how the personas do it anything. Third, you may share your knowledge to other people. When you read this Multicultural Counseling and Psychotherapy: A Lifespan Approach (5th Edition) (Merrill Counseling (Paperback)), it is possible to tells your family, friends in addition to soon about yours e-book. Your knowledge can inspire the mediocre, make them reading a book.

**Megan Lapointe:**

The actual book *Multicultural Counseling and Psychotherapy: A Lifespan Approach (5th Edition)* (Merrill Counseling (Paperback)) has a lot of info on it. So when you check out this book you can get a lot of help. The book was compiled by the very famous author. Tom makes some research just before writing this book. That book is very easy to read; you can get the point easily after reading this book.

**Nicolas Olsen:**

Playing with family inside a park, coming to see the coastal world or hanging out with close friends is something that usually you may have done when you have spare time, after that why you don't try something that is really opposite from that. A single activity that makes you not feel tired but still relaxing, thrilling like on a roller coaster you are riding on and with the addition of information. Even if you love *Multicultural Counseling and Psychotherapy: A Lifespan Approach (5th Edition)* (Merrill Counseling (Paperback)), you are able to enjoy both. It is a great combination, right, you still want to miss it? What kind of hangout is it? Oh seriously, it's a mind hangout. What? Still don't have it, oh come on, it's identified as reading friends.

**Jennifer Evans:**

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