



Ross and Wilson Anatomy and Physiology in Health and Illness, 12e

By Anne Waugh BSc(Hons) MSc CertEd SRN RNT FHEA, Allison Grant BSc PhD RGN

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Ross and Wilson has been the number one choice for **over a million** students since it first published, over 50 years ago. One of the world's most popular textbooks of anatomy and physiology, it introduces the structure and functions of the human body and the effects of disease or illness on normal body function. More than any other text *Ross and Wilson* uses easy-to-understand, straightforward language, enhanced by colour illustrations and a huge range of interactive online activities, to make learning more visual and engaging.

Ross and Wilson is essential reading for anyone embarking on a career as a healthcare professional, especially in the nursing and allied health professions, complementary / alternative medicine or as paramedics and ambulance technicians.

"There are new sections on the implications of normal ageing on the structure and function of the body systems. The glossary has been expanded, as have the online access, learning outcomes and normal values tables. This book is excellent value for money." **Reviewed by:** Nursing Standard **Date:** Aug 2014

- Carefully refined, clear and unambiguous text which omits the unnecessary detail that can confuse the student new to the subject
- Highly illustrated with clear colour diagrams and photographs
- Regular sequences of headings, lists and bullet points help with learning and revision
- Learning outcomes related to the sections within each chapter
- Common prefixes, suffixes and roots commonly used in anatomy and physiology
- Appendix containing useful biological values for easy reference
- Access to additional electronic resources, including high-quality animations, colouring exercises, case studies, self-testing questions, an audio pronunciation guide and weblinks
- An accompanying Colouring and workbook that facilitates structured learning

and revision of the material in this book.

- Fully revised and updated text, with a focus on the most commonly occurring disorders
- New sections on the implications of normal ageing on the structure and function of the body systems to reinforce the core material and reflect today's ageing population
- A new, easy-to-use colouring feature has been added to the extensive and varied selection of highly popular web-based online revision activities
- Additional coloured electron micrographs and photographs, as well as updated illustrations
- Extended glossary for fast, convenient and concise reference to important terminology.

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Editorial Review

Review

" Ross and Wilson anatomy and physiology texts have been used by students and clinicians for more than 50 years. This new 12th edition is an excellent resource. Illustrations have been updated, with additional coloured electron micrographs and photographs that bring learning to life in a vibrant way. The structure and functions of the body and the effects of illness are explained, with interactive online activities, videos and study aids to support the learning process. There are sections on how the body deals with food, drink, elimination and the systems and functions of the respiratory, digestive and urinary processes. It also addresses how the body protects itself against disease and infection, the immune system, and genetics and reproduction. There are new sections on the implications of normal ageing on the structure and function of the body systems. The glossary has been expanded, as have the online access, learning outcomes and normal values tables. This book is excellent value for money." *Reviewed by Pamela Shaw, practice educator, health visitor and Queen's Nurse in West Yorkshire, Nursing Standard, Aug 14*

"This book is aimed at undergraduates and is what it suggests in the introduction 'a straightforward approach' to anatomy and physiology. It is simplistic, and in places reminiscent of A-level text. However where the book doesn't deliver in depth of knowledge it surpasses itself in the illustrations. The chapter on the nervous system, has excellent informative diagrams where even the plexus appear understandable even to a novice. This is the book's strength and as a reference tool for patients would be helpful. For qualified physiotherapists most chapters are basic; for example the musculoskeletal section. Within this chapter the diagrams are not detailed enough which is not the case in other sections. I wonder whether this is representative of the authors' backgrounds in nursing and biomedical science as the segments relating to physiology are written with confidence. One aspect which I was interested in was the book blurb claiming "new sections on the implications of normal ageing on structure and function of body systems" (whether or not this was due to passing a birthday milestone I cannot possibly comment), which was a disappointment (the book not the birthday). A short paragraph at the end of each chapter with bon mots such as 'loss of teeth may cause difficulty chewing' (pg 318) does not constitute a 'section', or at least not a section worth promoting. Before this book is tossed into the reject pile, the e-resources must be considered. Any educational book worth its marketing budget must incorporate e-learning and this book is no exception. To be honest, let's be thankful that it has. Easy to access, clear navigation and adding so much more to the book makes the on-line resource impressive and relevant; as a revision aid, a reference tool for you and patients. There are animations, drop and drag quizzes, case studies which make you think, "this information was in the book?", clear (and much more detailed) interactive anatomy diagrams and all the book illustrations which you are able to save. The possibilities for patient education suddenly become more accessible and immediate than random searches through Internet engines. It also appears that once logged in this resource is free at <http://evolve.elsevier.com/Waugh/anatomy> so you don't have to purchase the book. Answering the question "is this a book for private physiotherapists?" I would suggest not. It would look pretty on the bookshelf, it has excellent and clear diagrams, however, at £32 I would invest in something else. Would I recommend accessing the e-learning resources? Yes."

Reviewed by: The Physio First In-Touch Journal, **Date:** Oct 14

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About the Author

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School of Biological and Biomedical Sciences, Glasgow Caledonian University, Glasgow

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