



The Encyclopedia of Positive Psychology

From Wiley-Blackwell



The Encyclopedia of Positive Psychology From Wiley-Blackwell

Positive psychology, the pursuit of understanding optimal human functioning, is reshaping the scholarly and public views of how we see the science of psychology. The *Encyclopedia of Positive Psychology* provides a comprehensive and accessible summary of this growing area of scholarship and practice.

- 288 specially commissioned entries written by 150 leading international researchers, educators, and practitioners in positive psychology
- covers topics of interest across all social sciences as well as business and industry
- the most current, extensive, and accessible treatment of the subject available
- topical primer clarifies basic constructs and processes associated with positive psychology
- will be useful to students, teachers, practitioners, businesspeople, and policy makers

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Editorial Review

Review

"University libraries catering for academic work in psychology, even if its proponents do not specifically call themselves positive psychologists, can be recommended to put this book on their wish lists." (*Reference Reviews*, July 2009)

"The work is extremely well indexed, which for browsers has the effect of deepening its content substantially." (*Choice Reviews*, June 2009)

"The strength of the work is that it speaks to everyone clearly, concisely, and in plain English." (*Library Journal*, April 2009)

Review

"This encyclopedia embodies what is known in this new discipline today. It is a 'must have' reference for anyone interested in the field of positive psychology."

Martin E.P. Seligman, University of Pennsylvania

"University libraries catering for academic work in psychology, even if its proponents do not specifically call themselves positive psychologists, can be recommended to put this book on their wish lists."

Reference Reviews

"...an excellent component of a positive psychology reference collection for both beginning and advanced students. *Summing Up: Essential*."

Choice

From the Back Cover

Positive psychology, the pursuit of understanding optimal human functioning, is reshaping the scholarly and public views of how we see the science of psychology and is shining a spotlight on the potency of human strengths and positive emotions. *The Encyclopedia of Positive Psychology* provides a comprehensive and accessible summary of this area of scholarship and practice.

With 288 specially commissioned entries written by 150 leading international researchers, educators, and practitioners in positive psychology, this ground-breaking encyclopedia presents the most current, extensive, and accessible treatment of the subject available to students, teachers, practitioners, businesspeople, and policy makers.

Experts will consider this a quick reference to the topics that are part and parcel of their daily work and non-experts will appreciate the topical primer designed to clarify basic constructs and processes associated with positive psychology. In general, readers will find the volume well-organized, engaging, and instructive.

Users Review

From reader reviews:

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