



# The Great Lover Playbook: 365 Tips and Techniques to Keep the Fires Burning All Year Long

By Lou Paget

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## The Great Lover Playbook: 365 Tips and Techniques to Keep the Fires Burning All Year Long By Lou Paget

Lou Paget's sophisticated yet sizzling approach to sexuality has made her books and workshops phenomenally popular around the world. In **The Great Lover Playbook**, she moves her focus from seduction to sustaining an exciting and satisfying sexual relationship over time. Some of the essential issues she addresses include:

- The link between healthy relationships and a healthy sex life
- The most popular types of sexual fantasy and how to ask for one you want
- Frequently asked questions — about everything from terminology to techniques to toys — and straightforward answers from a wide range of research, including Lou's own seminars
- The secret to maintaining an attitude towards sex that is open and curious and committed to passion — forever

Dozens of line drawings enhance the pages, and a comprehensive list of further resources underline Paget's commitment to practical and accessible advice.

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### Editorial Review

#### Review

“When it comes to revealing the secrets behind great sex, few do it as often or as successfully as Paget.”  
—*Calgary Herald*

“**Sensational Sex** . . . gives 365 snippets of sexual dos and don’ts in a breezy, easy-to-read style. . . . The secrets are delivered in little bite-sized chunks, which makes for easy reading.”  
—*The Vancouver Sun*

“Lou Paget is one of our savviest sex educators. . . . In **365 Days of Sensational Sex** she hands over invaluable tried-and-true secrets and sparks that great lovers use daily in their attitudes, behaviors, fantasies, and techniques to reignite their home fires and keep them burning and committed.”  
—Eli Coleman, Ph.D., professor and director of the Program in Human Sexuality, University of Minnesota Medical School

“With wit and warmth, Lou Paget dispenses the wisdom gained from listening to and working with thousands of happy and satisfied couples, bringing forth a book that is required reading for people who like sex, love their partners and want to keep the sparks flying.”  
—Violet Blue, senior book reviewer, *Good Vibrations*, San Francisco

#### Praise for Lou Paget:

“Lou Paget has become a one-woman sexual revival.”  
—*GQ*

“Lou Paget is funny, innovative, and classy. She is dedicated to teaching women to express their sexuality from a place of empowerment.”  
—Laurie Sue Brockway, former editor-in-chief of *Playgirl*

“**How to Give Her Absolute Pleasure** is the quintessential guide to women’s bodies and what they want sexually. Couples will have more fulfilling sex because of Lou Paget’s clear, step-by-step suggestions.”  
—Bernie Zilbergeld, author of **The New Male Sexuality**

#### From the Inside Flap

The nation’s savviest sex educator -- whose books top 325,000 copies in print -- delivers a daily dose of passionate advice for lovers.

Lou Paget’s sophisticated yet sizzling approach to sexuality has made her books and workshops phenomenally popular around the world. Whereas her other books were about seduction, **365 Days of Sensational Sex** is about sustaining passion in a relationship. She provides both men and women with refreshing essays on:

? Creating a sexual atmosphere in your relationship, from turning your bedroom into a sanctuary for sex to letting your partner know you find them irresistible, to turning almost any place into a venue for a sexual encounter.

? The link between healthy relationships and a healthy sex life.

? Secrets and advice on maintaining an attitude towards sex that is open and curious and committed to passion -- forever.

? A collection of Lou Paget's 'classics' -- her most popular techniques for hot foreplay, pleasing each other in various positions and trying something new.

? The most popular types of sexual fantasy and how to ask for one you want.

? Frequently asked questions and Paget's best research and unknown sexual tidbits.

Dozens of line drawings enhance the pages, and the book's one-a-day format makes it perfect for every couple seeking to stay energized years after the thrill of that initial seduction. A complete treat, **365 Days of Sensational Sex** will inspire lovers for the long term.

*From the Hardcover edition.*

#### About the Author

AASECT certified sex educator Lou Paget is the author of three previous sex guides: **How to Be a Great Lover**, **How to Give Her Absolute Pleasure**, and **The Big O**. Her sold-out Sexuality Seminars are taught throughout North America and Europe, and her advice appears frequently in the media. She lives in Los Angeles.

#### Users Review

##### From reader reviews:

##### Debra Richardson:

Nowadays reading books be than want or need but also be a life style. This reading routine give you lot of advantages. Associate programs you got of course the knowledge your information inside the book in which improve your knowledge and information. The information you get based on what kind of book you read, if you want attract knowledge just go with education and learning books but if you want feel happy read one with theme for entertaining for instance comic or novel. Often the The Great Lover Playbook: 365 Tips and Techniques to Keep the Fires Burning All Year Long is kind of publication which is giving the reader erratic experience.

##### David Veal:

Your reading sixth sense will not betray an individual, why because this The Great Lover Playbook: 365 Tips and Techniques to Keep the Fires Burning All Year Long guide written by well-known writer whose to say well how to make book which might be understand by anyone who also read the book. Written inside good manner for you, leaking every ideas and producing skill only for eliminate your current hunger then you still hesitation The Great Lover Playbook: 365 Tips and Techniques to Keep the Fires Burning All Year Long as good book not just by the cover but also from the content. This is one guide that can break don't determine book by its protect, so do you still needing one more sixth sense to pick this specific!?! Oh come on your reading sixth sense already said so why you have to listening to an additional sixth sense.

**James Matter:**

The book untitled The Great Lover Playbook: 365 Tips and Techniques to Keep the Fires Burning All Year Long contain a lot of information on the item. The writer explains the girl idea with easy means. The language is very easy to understand all the people, so do certainly not worry, you can easy to read it. The book was compiled by famous author. The author brings you in the new period of time of literary works. It is easy to read this book because you can continue reading your smart phone, or product, so you can read the book throughout anywhere and anytime. In a situation you wish to purchase the e-book, you can open their official web-site along with order it. Have a nice go through.

**John Thornton:**

Reading a e-book make you to get more knowledge from it. You can take knowledge and information from a book. Book is composed or printed or illustrated from each source this filled update of news. With this modern era like right now, many ways to get information are available for you. From media social like newspaper, magazines, science guide, encyclopedia, reference book, story and comic. You can add your knowledge by that book. Ready to spend your spare time to open your book? Or just looking for the The Great Lover Playbook: 365 Tips and Techniques to Keep the Fires Burning All Year Long when you essential it?

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