



# Freud and Beyond: A History of Modern Psychoanalytic Thought

By Stephen A. Mitchell, Margaret J. Black

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Freud's concepts have become a part of our psychological vocabulary: unconscious thoughts and feelings, conflict, the meaning of dreams, the sensuality of childhood. But psychoanalytic thinking has undergone an enormous expansion and transformation over the past fifty years. With *Freud and Beyond*, Stephen A. Mitchell and Margaret J. Black make contemporary psychoanalytic thinking—the body of work that has been done since Freud—available for the first time. Richly illustrated with case examples, this lively, jargon-free introduction makes modern psychoanalytic thought accessible at last.

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### Editorial Review

Review

#### **Lewis Aron, Ph.D., Director, New York University Postdoctoral Program in Psychotherapy & Psychoanalysis**

“Whenever I have been asked to recommend a fundamental text for graduate students and young professionals, or even for those expressing an initial interest in psychotherapy, Stephen A. Mitchell and Margaret J. Black's *Freud and Beyond* has been my go to text. The new edition, including an excellent preface highlighting recent developments in the field, remains the best survey of the history and development of psychoanalysis and the essential guide to its many schools, approaches and innovations. Brilliantly explaining theory and elucidating clinical practice with elegant and compelling case illustrations, this comprehensive introduction remains the best place to start in understanding Freud and his legacy.”

#### **Adam Phillips, author of *Missing Out***

“Psychoanalysis is only valuable as uncommon common sense. Freud and Beyond is such an impressive and useful book because it makes psychoanalysis even more interesting by making it accessible.”

About the Author

**Stephen A. Mitchell** (1946–2000) was a leader in the field of modern psychoanalysis. An adjunct professor and clinical supervisor at New York University's postdoctoral program in psychotherapy and psychoanalysis, Mitchell's emphasis on the relational perspective shaped the way that American psychoanalysts practice their profession. He was the founding editor of the journal *Psychoanalytic Dialogues* and the author of several influential books, including *Object Relations in Psychoanalytic Theory* and *Hope and Dread in Psychoanalysis*.

**Margaret J. Black, LCSW**, is founding board member of the Stephen Mitchell Center for Relational Studies. She is also a board director of the National Institute for the Psychotherapies, a founding board member and vice president of International Association for Relational Psychoanalysis and Psychotherapy, an associate editor of *Psychoanalytic Dialogues*, and a member of the editorial board for *Studies in Gender and Sexuality*. She holds a BA from the University of Michigan and an MS from Columbia University, and is a graduate of the Analytic Institute, Postgraduate Center.

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