



## For Teens Only: Quotes, Notes, & Advice You Can Use

By Carol Weston

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"The time is always right to do what is right."

-- Martin Luther King, Jr.

"You have to accept who you are -- and that is beautiful."

-- Alicia Keys

"English? Who needs that? I'm never going to England."

-- Homer J. Simpson

Making friends, finding true love, enduring rough days at school, or just being yourself -- we all meet new (and old!) challenges every day. Carol Weston, teen advice columnist, has good advice for whatever you're facing.

In *For Teens Only*, Carol collects the words and thoughts of the wisest and wittiest thinkers of all time from every corner of the globe, from Pablo Picasso to Jennifer Lopez; from Mark Twain to Indira Gandhi and Halle Berry. Then she adds her own insights, collected over the years from her conversations and correspondence with thousands of real teens.

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### Editorial Review

From Publishers Weekly

Author of *Private and Personal: Questions and Answers for Girls Only*, advice columnist Carol Weston offers more words to the wise in *For Teens Only: Quotes, Notes & Advice You Can Use*. Friends, school and family are among the topics covered. Quotes-ranging from Eleanor Roosevelt to Helen Gurley Brown- precede each of Weston's entries.

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From School Library Journal

Grade 6 Up-Sage advice, complete with 573 relevant and inspiring quotes, is the main focus of this interesting and upbeat self-help book. Topics include mind, body, friends, relationships, school, family, and work, all presented in an understanding and straightforward manner. Teens seeking encouragement and a pathway to a happy and successful life will find much to consider. Quotes abound, and they always fit the subjects at hand and add important perspectives to the points being made. Carefully selected and integrated quotes come from men, women, and young people from all walks of life; from many times, places, and backgrounds; and of different ages, some famous and some unknown. They add balance to Weston's comments and information, conveying practical perspectives on caring for oneself, nurturing relationships, getting along with others, and making the best of circumstances. Weston is known for her previous outstanding self-help books, such as *Girltalk: All the Stuff Your Sister Never Told You* (HarperCollins, 1997). This book follows suit with a writing style to which teens-both boys and girls-can really relate, almost as if the author is in the room having a conversation with them. Other books use different approaches but have similar relevant content for teens, such as Annie Fox's *Can You Relate?* (Free Spirit, 1999) and Richard Carlson's *Don't Sweat the Small Stuff for Teens* (Hyperion, 2000). However, none use the technique of maneuvering numerous quotes as effectively as Weston does in this title.

*Diane P. Tuccillo, City of Mesa Library, AZ*

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From [Booklist](#)

Gr. 6-12. Upbeat advice columnist Weston has compiled 573 of her favorite quotations, and she uses them to introduce over 200 enthusiastic, single-page entries advising teens about body and mind, friends and relationships, school, family, and work. Except for these thematic subdivisions, the book's arrangement is a hodge-podge of random thoughts, suggestions, and usually inspiring anecdotes about success. Many YAs are likely to appreciate the broad range of ideas shared by everyone from Albert Einstein, the Dalai Lama, and Helen Keller to Chris Rock, Britney Spears, and Homer Simpson. Although intended for all teens, Weston occasionally introduces some of her advice with a special aside to male or, more often, female readers. The book's bland format, with no illustrations, small print, and minimal organization, may make it a hard sell, but many teens will find Weston's jocular tone infectious. *Roger Leslie*

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**Jose Banks:**

This For Teens Only: Quotes, Notes, & Advice You Can Use book is just not ordinary book, you have after that it the world is in your hands. The benefit you get by reading this book is information inside this publication incredible fresh, you will get data which is getting deeper an individual read a lot of information you will get. That For Teens Only: Quotes, Notes, & Advice You Can Use without we recognize teach the one who studying it become critical in considering and analyzing. Don't end up being worry For Teens Only: Quotes, Notes, & Advice You Can Use can bring when you are and not make your case space or bookshelves' come to be full because you can have it in the lovely laptop even mobile phone. This For Teens Only: Quotes, Notes, & Advice You Can Use having excellent arrangement in word as well as layout, so you will not feel uninterested in reading.

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**Marian Buell:**

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