



# The True Power of Water: Healing and Discovering Ourselves

By Masaru Emoto

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**The True Power of Water: Healing and Discovering Ourselves** By Masaru Emoto

Dear Reader,

I am honored that you have picked up *The True Power of Water*. In a world of no mistakes, it is not by coincidence that you and I are embarking on this journey. The words and pictures you are about to see will open a new world of possibilities for you -- just as my research has done for me.

In this book you will learn of the unique properties of water and its ability to improve your health and your life. You will see the effect each of us has on water -- not only the water we drink but also the water that makes up 70 percent of the human body and, most importantly, what happens to that water as we interact with each other.

2005 marks the beginning of the United Nations Decade of Water. It is our individual responsibility to learn all we can about water, the most precious resource on our planet, and to help shift the consciousness through our thoughts, through our words and prayers, and through our commitment to respect each other with love and gratitude. May our understanding of water help bring peace to all humankind.

Masaru Emoto

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### Editorial Review

#### Amazon.com Review

This follow up to Dr. Emoto's international bestseller *The Hidden Messages in Water* is the result of his latest scientific research into the healing properties of water. Building upon his previous work, which proved that water and water molecules are affected by our thoughts, words, and emotions, in *The True Power of Water*, Dr. Emoto makes the case that water literally holds the key to good health and shows how we can interact with it with our thoughts, intentions, and prayer to reverse illness.

Accompanied by numerous compelling photographs showing that water crystals are transformed according to the positive and negative thoughts they are exposed to, this book provides practical steps that anyone can use to improve their own well-being by learning how to consciously interact with water, the primary component of our bodies. Also discussed is Dr. Emoto's research into the effects of prayer to purify rain water, helping to bring healing to the earth, as well as the mechanistic limitations of Western medicine and its understanding of both healing and disease. No one who reads Dr. Emoto's works will ever take water for granted again.

#### Review

"This powerful book confirms our deep and lasting connection to water—our most precious resource. Masaru Emoto's research gives us an understanding of how we can better relate to water in our daily lives, and offers hope for the health of the world's water in years to come."

—John Gray, PhD, author of *Men Are from Mars, Women Are from Venus*

"The pictures found in all of Masaru Emoto's books show clearly that the water which makes up so much of our physical body, and the water which makes up this planet, can be healed and transformed through our own intentions to grow in love and gratitude. As a practitioner of the art of prayer and healing, I highly recommend this book. The time for this work is now."

—Ron Roth, author of *Prayer and the Five Stages of Healing*

"Destined to become a classic...a beautiful book written by a very old and beautiful soul...Masaru Emoto writes of the great universal truth. Energy is best transmitted through water as 70% of the human body is made of water. Through our interaction with water we can send ripples of love and gratitude, the most powerful of all emotions, to every person on the planet."

—Kiril Sokoloff, founder, 13D Research Inc. and Healthsearches.org

#### About the Author

**Masaru Emoto** is an internationally renowned Japanese researcher who has gained worldwide acclaim. Emoto is a graduate of the Yokohama Municipal University's department of humanities and sciences with a focus on International Relations, and he received certification as a Doctor of Alternative Medicine from the Open International University.

Emoto's research has visually captured the structure of water at the moment of freezing, and through high-speed photography he has shown the direct consequences of destructive thoughts and the thoughts of love and appreciation of the formation of water crystals. The revelation that our thoughts can influence water has profound implications for our health and the well-being of the planet.

Masaru Emoto has written many books, including the *New York Times* bestselling *The Hidden Messages in Water*, and his books have been published in twenty-four languages.

## **Users Review**

### **From reader reviews:**

#### **Gerald James:**

This *The True Power of Water: Healing and Discovering Ourselves* book is not really ordinary book, you have it then the world is in your hands. The benefit you have by reading this book is usually information inside this book incredible fresh, you will get info which is getting deeper you actually read a lot of information you will get. That *The True Power of Water: Healing and Discovering Ourselves* without we comprehend teach the one who reading through it become critical in thinking and analyzing. Don't possibly be worry *The True Power of Water: Healing and Discovering Ourselves* can bring whenever you are and not make your handbag space or bookshelves' turn out to be full because you can have it inside your lovely laptop even phone. This *The True Power of Water: Healing and Discovering Ourselves* having very good arrangement in word in addition to layout, so you will not really feel uninterested in reading.

#### **Leo Rizer:**

Information is provisions for anyone to get better life, information nowadays can get by anyone on everywhere. The information can be a understanding or any news even a problem. What people must be consider while those information which is in the former life are difficult to be find than now could be taking seriously which one is suitable to believe or which one typically the resource are convinced. If you get the unstable resource then you have it as your main information you will see huge disadvantage for you. All of those possibilities will not happen within you if you take *The True Power of Water: Healing and Discovering Ourselves* as the daily resource information.

#### **Carlton Solley:**

Reading can called brain hangout, why? Because if you find yourself reading a book specifically book entitled *The True Power of Water: Healing and Discovering Ourselves* your brain will drift away trough every dimension, wandering in every aspect that maybe not known for but surely might be your mind friends. Imaging each and every word written in a reserve then become one application form conclusion and explanation that will maybe you never get just before. The *The True Power of Water: Healing and Discovering Ourselves* giving you yet another experience more than blown away your mind but also giving you useful details for your better life with this era. So now let us demonstrate the relaxing pattern at this point is your body and mind will probably be pleased when you are finished examining it, like winning a. Do you want to try this extraordinary paying spare time activity?

#### **John McGinnis:**

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