



# An Introduction to Western Medical Acupuncture, 1e

By Adrian White MA MD BM BCh, Mike Cummings MB ChB DipMedAc, Jacqueline Filshie MBBS FRCA DipMedAC

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This book is a clear and practical introductory guide to the practice of medical acupuncture. It describes the Western medical approach to the use of acupuncture as a therapy following orthodox diagnosis. The text covers issues of safety, different approaches to acupuncture, basic point information, clinical issues and the application of acupuncture in clinical conditions, especially in the treatment of pain.

- A practical guide to the principles and clinical practice of medical acupuncture
- A clear guide to the neurophysiological principles which underlie medical approaches to acupuncture
- A basic explanation of the different styles of medical acupuncture treatment
- Allows the reader to accrue the practical knowledge necessary before beginning to work with medical acupuncture.

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## **Editorial Review**

Review

"Written by a trio of very experienced acupuncture practitioners, clinicians and researchers, the book is a 'one-stop shop' in Western medical acupuncture...I am confident that it will be able to stand on its own and establish itself as THE modern manual of medical acupuncture. I do not think I will stop recommending it."  
*Focus on Alternative and Complimentary Therapies, 2009*

About the Author

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