

# NBCOT-COTA Exam Secrets Study Guide: NBCOT Test Review for the Certified Occupational Therapy Assistant Examination

*By NBCOT Exam Secrets Test Prep Team*


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**\*\*\*Includes Practice Test Questions\*\*\***

NBCOT-COTA Exam Secrets helps you ace the Certified Occupational Therapy Assistant Examination, without weeks and months of endless studying. Our comprehensive NBCOT-COTA Exam Secrets study guide is written by our exam experts, who painstakingly researched every topic and concept that you need to know to ace your test. Our original research reveals specific weaknesses that you can exploit to increase your exam score more than you've ever imagined. NBCOT-COTA Exam Secrets includes: The 5 Secret Keys to NBCOT Test Success: Time is Your Greatest Enemy, Guessing is Not Guesswork, Practice Smarter, Not Harder, Prepare, Don't Procrastinate, Test Yourself; A comprehensive General Strategy review including: Make Predictions, Answer the Question, Benchmark, Valid Information, Avoid Fact Traps, Milk the Question, The Trap of Familiarity, Eliminate Answers, Tough Questions, Brainstorm, Read Carefully, Face Value, Prefixes, Hedge Phrases, Switchback Words, New Information, Time Management, Contextual Clues, Don't Panic, Pace Yourself, Answer Selection, Check Your Work, Beware of Directly Quoted Answers, Slang, Extreme Statements, Answer Choice Families; A comprehensive review including: Nervous System, Signs and Symptoms, Major Hormones, Respiratory System, Cardiac Review, Psychological Processes, Reflex Development, Grief Process, Mental Health GAF Scale, Stages of Dementia, Psychosocial Development, Cognitive Development, Maslow's Hierarchy of Needs, Nutrient Review, Pediatric Conditions, Musculoskeletal Conditions, Organ Functions, Pathological Conditions, Basic Tissues, Special Tests, Exercise Principles, Brachial Plexus, Normal Lab Values, Modalities, Developmental Milestones, MET Review, Home Environment, Upper Extremity Review, Wheelchair Seating and Positioning, and much more...

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### Editorial Review

Review

#### Our Study Guide for the NBCOT Test Is Unlike Any Other

If you'd like to get the NBCOT test score you deserve, to quit worrying about whether your score on the NBCOT test is "good enough," and to beat the test taking game so you can become a Certified Occupational Therapy Assistant (COTA) or Occupational Therapist Registered (OTR), then this might be the most important message you read this year.

Our comprehensive study guide for the Certified Occupational Therapy Assistant (COTA) Exam and the Occupational Therapist Registered (OTR) Exam is written by our NBCOT test experts, who painstakingly researched the topics and the concepts that you need to know to do your best on the NBCOT test. Our original research into the Certified Occupational Therapy Assistant (COTA) Examination and the Occupational Therapist Registered (OTR) Examination, offered by the National Board for Certification in Occupational Therapy (NBCOT), reveals the specific content areas and the essential skills that are critical for you to know on the NBCOT test. We've taken the information and developed a study guide that is guaranteed to help you be successful on the NBCOT test.

Now, we know you may be skeptical, so let us give you three good reasons we can back up what we claim:

#### The Three Reasons To Believe What We Say

##### The First Reason:

Our company's name is Mometrix Test Preparation, and we have a team of standardized test researchers who have worked on developing our study guide for the NBCOT test. The standards for who gets to work on the team are very strict- we demand the best for our customers, and only those who met our exacting standards made the cut. The dedicated research staff have years of combined experience in mastering the content and skills necessary to succeed on the toughest exams.

##### The Second Reason:

Some academic studies have revealed that test takers do not really benefit from the traditional test preparation process. But we knew there had to be a solution- if test takers were not doing well on the NBCOT test despite high intelligence, there had to be a set of secret keys to the test that would open the door of success for these test takers.

We believe we have succeeded in finding the secret keys of the exam. What we found was surprising, and in some cases **ridiculously simple** once explained to the average test taker.

We put the findings together in a thorough, concise study guide that we believe allows any test taker, at any skill level, to **improve his or her results dramatically** with a *minimum of effort*.

##### The Third Reason:

We created the product in part because we were frustrated by the options available to test takers who really

wanted to do well on the NBCOT test.

A common approach is to TEACH the material, instead of TEACHING THE TEST. That's not necessarily good enough for the NBCOT test- you have to know how to apply the knowledge. Most test takers already have a general knowledge of the material that will be covered on the exam.

One reason some test takers do well on the day of the test is that they have made the critical connection between the material they learned and how to use the material to succeed on the NBCOT test.

Our guide addresses the difference between merely knowing the material and knowing how to use the material to **perform on test day**.

You're going to save time, money, and aggravation. You'll learn to avoid the mistakes and the bad strategies that you've been vulnerable to. --Just for starters, here are some ways our product can help your score on the NBCOT test...

### **The Exclusive Test Taking Techniques**

- Keys to questions that "give away" the wrong (or right) answers- You get credit for some of the questions without really even knowing anything about them
- Get quick, customized help for the questions you have- just send us a quick email and we'll get back to you promptly with the answer.
- Details the EXACT STUDY PLAN for the NBCOT test that we believe gives the most results in the least time- No matter if you're studying for a week or a month, you won't waste the precious study time you have on useless activities
- Our researchers are more than just academic theoreticians who understand the technical nature of standardized tests, but are also experts on test taking itself- they reveal the exact skills and the information you'll need to perform under pressure during the test.
- A systematic analysis and the best breakdown into "plain language" of how to deconstruct and master the toughest problems- You turn the problems that most of the test takers will stumble over to your advantage
- Learn why, when, and how to guess to your advantage. Many test takers use exactly the wrong strategy, but you can avoid the pitfalls with the help of our standardized test experts
- Includes instructions detailing the best way for you to get started with your preparation efforts so you can begin the path of improving your scores immediately
- The most efficient and accurate method for picking the right answer every time- You won't be scratching your head trying to read the mind of the test question writer, but will instead know exactly what to look for to pick the best answer
- Courteous, unlimited customer service is 100% free- if you need the product emailed to a different address, lose the product, or have any other difficulty- the help you need is just a short email away and our representatives are active 7 days a week helping customers
- The research of our team of test experts is 100% independent and original
- Our exclusive "calibration strategy" to help you never go too fast OR too slow when answering even the toughest questions
- The 5-step process we've developed, what we call the "phased" approach, concerning the use of the various study aids and practice tests
- How the problem of procrastination can kill your chance of success, and the most important thing you can do about it
- How to know when you've studied as much as you need to for the exam- and the reason why we think some people should spend LESS time studying for the test

- The Top 20 things you should take care of within 24 hours of taking the test- use the list we provide as a checklist to make sure you've taken care of the "little things" in addition to studying hard
- How to predict the right answer before you see the answer choices- and how to prevent the wrong answers from "polluting" your mind and tempting you into a trap designed by the test writers
- Why answers that "sound" correct are often the very ones that are wrong- and how to tell the difference between the right answer and the many clever-sounding traps set for you by the test writers
- Our "benchmark" method for deciding which of the answer choices you should pick
- How some of the random bits of information in a question often "give away" the right answer choice
- How to "milk the question" for clues to the right answer even if you have no idea what the question is asking about
- How to avoid panicking when you don't know the answer to a question- we offer a systematic method that will serve as the "lifeline" you need to minimize the time wasted on the test questions that leave you stumped --
- What to do about the tough questions that you have no clue how to answer- don't just give up, use the advice we offer to make sure you give yourself the best chance of getting the right answer
- How to use our brainstorming method to get "inside the question" and reveal the hard-to-find clues and some of the subtle things you didn't realize you knew
- Do you know what a "hedge phrase" is? Learn why looking for the key "weasel words" in the question can help identify the correct answer
- Why "new information" in the answer choices almost always means that the answer choice is wrong- and the way to avoid this trick planted by the clever test writers
- Learn to avoid this time-draining mistake on the test - why the technical terms you don't know can be a major stumbling block and waste precious time, and the way that you can work around them
- The secret to using the contextual clues in the questions and the answer choices to make important distinctions between the right and the wrong answer choices
- The two situations where you should NOT check your answers thoroughly
- How to avoid careless mistakes by using the quick "double check" system. It will more than pay for itself relative to the time it will take you
- Test writers will often quote directly from the question in an answer- learn whether this is something you should trust or avoid
- Why "extreme statements" in the answer choices are dead giveaways for wrong answers- find out how to detect the subtle differences between reasonable answers and the answers that are almost always wrong
- Learn how to group your answer choices into "families" that often narrows down the pool of correct answers- this is a quick way to immediately eliminate one or two of the answer choices and increase your odds of getting the question right

Now, you're probably wondering how and why we can do all the things we claim.

Let us explain.

Before we go any further, let us clarify what *NBCOT Exam Secrets* is not. It is not a stale rehash of all of the things you have already learned in the past.

*NBCOT Exam Secrets* is our exclusive collection of the tips and the information that we have specially selected to give you the best results on the NBCOT test for the least time spent studying. It's written in everyday language and is easy to use.

We cover the **5 essential skills** necessary to do well on the NBCOT test, plus **comprehensive reviews** covering all of the essential test sections individually.

**Don't take our word for it. Listen to what our customers say about other Mometrix test preparation products.**

I purchased the Secrets file, and I just wanted to let you know that I aced my test. I just want to thank you again, and hope you have continued success in your ventures. Sincerely, Paul L.

My name is Chris. I used the Secrets study guide for five days. The study guide made the test so easy to understand. Like you said this program is worth 100's of dollars. To me 1,000's!! THANKS, Chris G.

I just had to thank you guys for the test prep! I bought the guide as a last minute prep, I mean maybe 5 hours before the test. Like I said, I had ZERO preparation! I was nervous about the test let alone receiving the score I needed. I read the guide through only once before test time and needless to say, the only way I passed was thanks to your refresher!! Brian

I heard about your website from a friend. I am enrolled in a review course, and in hindsight, I wish I wouldn't have taken my review course and instead spent a fraction of the money on your program. Thank you! Zac L.

**You get at least 10 times your money's worth!** --When you consider what's at stake with the exam, we believe the value of our study guide gives you at least ten times your money's worth.

## **Users Review**

### **From reader reviews:**

#### **Keith Abell:**

Why don't make it to become your habit? Right now, try to ready your time to do the important take action, like looking for your favorite publication and reading a reserve. Beside you can solve your problem; you can add your knowledge by the reserve entitled NBCOT-COTA Exam Secrets Study Guide: NBCOT Test Review for the Certified Occupational Therapy Assistant Examination. Try to stumble through book NBCOT-COTA Exam Secrets Study Guide: NBCOT Test Review for the Certified Occupational Therapy Assistant Examination as your friend. It means that it can to get your friend when you truly feel alone and beside that of course make you smarter than in the past. Yeah, it is very fortunated to suit your needs. The book makes you more confidence because you can know everything by the book. So , let's make new experience as well as knowledge with this book.

#### **Richard Oneal:**

Do you one among people who can't read enjoyable if the sentence chained inside straightway, hold on guys this kind of aren't like that. This NBCOT-COTA Exam Secrets Study Guide: NBCOT Test Review for the Certified Occupational Therapy Assistant Examination book is readable by you who hate those straight word style. You will find the information here are arrange for enjoyable looking at experience without leaving also decrease the knowledge that want to supply to you. The writer connected with NBCOT-COTA Exam Secrets Study Guide: NBCOT Test Review for the Certified Occupational Therapy Assistant Examination content conveys the idea easily to understand by lots of people. The printed and e-book are not different in the content material but it just different in the form of it. So , do you nonetheless thinking NBCOT-COTA Exam Secrets Study Guide: NBCOT Test Review for the Certified Occupational Therapy Assistant Examination is not loveable to be your top record reading book?



**Susan Gaier:**

Typically the book NBCOT-COTA Exam Secrets Study Guide: NBCOT Test Review for the Certified Occupational Therapy Assistant Examination will bring one to the new experience of reading a book. The author style to elucidate the idea is very unique. When you try to find new book to see, this book very acceptable to you. The book NBCOT-COTA Exam Secrets Study Guide: NBCOT Test Review for the Certified Occupational Therapy Assistant Examination is much recommended to you to learn. You can also get the e-book from the official web site, so you can quickly to read the book.

**Linda Justice:**

In this period of time globalization it is important to someone to receive information. The information will make a professional understand the condition of the world. The condition of the world makes the information much easier to share. You can find a lot of sources to get information example: internet, classifieds, book, and soon. You will see that now, a lot of publisher that will print many kinds of book. Typically the book that recommended to your account is NBCOT-COTA Exam Secrets Study Guide: NBCOT Test Review for the Certified Occupational Therapy Assistant Examination this publication consist a lot of the information with the condition of this world now. This specific book was represented so why is the world has grown up. The vocabulary styles that writer require to explain it is easy to understand. The particular writer made some study when he makes this book. That's why this book suited all of you.

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