



How to Meet and Work with Spirit Guides

By Ted Andrews



How to Meet and Work with Spirit Guides By Ted Andrews

Each of us can benefit from contact with the spiritual realm, and we often do so without realizing it. Spirit guides serve many roles and take many forms of expression within our lives. They inspire creativity and insight, help open us to abundance, protect us, and serve as our companions.

In *How To Meet and Work with Spirit Guides*, popular author Ted Andrews teaches you simple and effective techniques for establishing rapport with your angels and guides. Explore meditation, divination, fragrance, crystals, and other ways to connect with spirit helpers, and enjoy the many gifts and learning opportunities gained by working with:

- Guardian angels
- Spirit guides
- Loved ones in spirit
- Animal totems
- Nature spirits
- Fairies

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Editorial Review

About the Author

Ted Andrews (1952-2009) was an award-winning author and deeply respected teacher in the metaphysical and spiritual fields. Through his seminars, symposiums, workshops, and lectures, he was committed to making esoteric material comprehensible and practical for everyone.

Ted Andrew's many gifts included clairvoyancy, aura interpretation, past-life analysis, dreams interpretation, numerology, and Tarot. He wrote many books on these subjects, but is best known for his work with animal mysticism and for his bestselling *Animal Speak: The Spiritual & Magical Powers of Creatures Great & Small*. Certified in basic hypnosis and acupuncture, Andrews was also involved in the study and use of herbs as an alternative path in health care, focusing strongly on esoteric forms of healing with sound, music, and voice. In addition to his interest in metaphysics, Ted was a trained pianist and often used the Celtic harp, bamboo flute, shaman rattles, Tibetan bells, Tibetan Singing Bowl, and quartz crystal bowls to create individual healing therapies and induce higher states of consciousness.

Ted Andrews is the author of *The Healer's Manual; Animal-Speak, How to See & Read the Aura; Enchantment of the Faerie Realm; Crystal Balls & Crystal Bowls; How to Uncover Your Past Lives; How to Heal with Color; Sacred Sounds; Simplified Qabala Magic*; and many other New Age titles. He passed away on October 24, 2009.

Users Review

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