



Playing and Reality

By Donald Woods Winnicott, D. W. Winnicott

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What are the origins of creativity and how can we develop it - whether within ourselves or in others? Not only does *Playing and Reality* address these questions, it also tackles many more that surround the fundamental issue of the individual self and its relationship with the outside world. In this landmark book of twentieth-century psychology, Winnicott shows the reader how, through the attentive nurturing of creativity from the earliest years, every individual has the opportunity to enjoy a rich and rewarding cultural life. Today, as the 'hothousing' and testing of children begins at an ever-younger age, Winnicott's classic text is a more urgent and topical read than ever before.

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Editorial Review

Review

"Winnicott was the greatest British psychoanalyst who ever lived. He writes beautifully and simply about the problems of everyday life - and is the perfect thing to read if you want to understand yourself and other people better." - Alain de Botton

About the Author

D.W. Winnicott (1896-1971). A renowned psychoanalyst and theorist, whose profound and original thought has had a lasting influence throughout the world. He was President of the British Psycho-Analytical Society and President of the Paediatric Section of the Royal Society of Medicine.

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