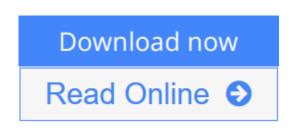


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By Michael Jacobs



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Psychodynamic Counselling in Action (Counselling in Action series) By Michael Jacobs Bibliography

- Sales Rank: #2588979 in Books
- Brand: Brand: SAGE Publications Ltd
- Published on: 2010-10-08
- Released on: 2010-10-08
- Original language: English
- Number of items: 1
- Dimensions: 8.27" h x .49" w x 5.83" l, .66 pounds
- Binding: Paperback
- 216 pages

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About the Author

Michael Jacobs is Visiting Professor at the University of Leeds and Bournemouth University, a Fellow of BACP and a UKCP registered psychotherapist.

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