

# The Five Stages of Culture Shock: Critical Incidents Around the World (Contributions in Psychology)

By Paul Pedersen



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The educational literature suggests that international contact contributes to a comprehensive educational experience. *The Five Stages of Culture Shock* examines an international shipboard educational program and seeks to identify specific insights resulting from informal extracurricular contact between students and host nationals in the context of culture shock experiences. Using the critical incident methodology, Pedersen analyzes students' responses to nearly 300 specific incidents which resulted in insights that apply to the students' own development, as well as the sociocultural context of the host countries. This use of critical incidents shows one way to evaluate and assess the subjective experiences of the informal curriculum. More broadly, the analysis sheds light on the concept of culture shock as a psychological construct.



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# The Five Stages of Culture Shock: Critical Incidents Around the World (Contributions in Psychology) By Paul Pedersen Bibliography

Sales Rank: #4663717 in BooksPublished on: 1994-12-12Original language: English

• Number of items: 1

• Dimensions: 9.21" h x .69" w x 6.14" l, 1.44 pounds

• Binding: Hardcover

• 296 pages

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About the Author

PAUL PEDERSEN is Professor of Education in the Department of Counseling and Human Services at Syracuse University in New York. He has authored and edited a number of books, including *Handbook of Cross-Cultural Counseling and Therapy* (Greenwood, 1985) and *Culture-Centered Counseling and Interviewing Skills* with A. Ivey (Greenwood, 1993).

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