



The Hungover Cookbook

By Milton Crawford

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The Hungover Cookbook By Milton Crawford

Everything you need to know to assess, understand, and improve a hangover is here: dozens of comforting recipes, very clever graphic tests for analyzing your state of mind, and quizzes for tracking your progress.

A good hangover brings its victim to a new state of mind—and one that, when looked at objectively, can be quite fascinating to its host: It can create an increased awareness of the body, a willingness to eat something usually off limits, and a fascination with the mind's strange acrobatics. With P. G. Wodehouse's six hangovers—The Broken Compass, The Sewing Machine, The Comet, The Atomic, The Cement Mixer, and The Gremlin Boogie—as a starting point, recipes are tailored to each specific malady, allowing the reader to find a recipe (or just a menu item) that precisely suits his state of mind . . . and body. Interspersed with the recipes are mind games, witticisms and graphic jokes, insights into hangover science, quizzes to see if you are still drunk or now just merely hungover, and more.

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Editorial Review

Review

Milton Crawford was born somewhere north of the Zambezi and west of the Rift valley in a small town in the middle of Africa. He has travelled the world in search of good liquor and in an attempt to outrun the hangovers that seem to follow him wherever he goes. He is an author and journalist, and in keeping with the most honourable traditions of the writing profession, a drinker of distinction. His previous books have been published under a more sober alias.

About the Author

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Users Review

From reader reviews:

James Goodman:

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Ines Patterson:

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Joel Peterson:

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Karen Bergeron:

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