

Bless His Heart: The GRITS Guide to Loving (or Just Living With) Southern Men

By Deborah Ford



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Deborah Ford, tireless promoter and bestselling author of *The GRITS*® *Guide to Life*, delivers a field manual for catching, loving, feeding, and living with Southern men.

If you're living and breathing in this country, chances are you know a GRITS (Gentlemen Raised in the South), and if you're Southern yourself (or just wish you were), chances are you love him. He's chivalrous, kind, and moral, but he can also be messy, hog-wild, inattentive, and just plain frustrating. You love him, bless his heart, but you sure don't understand him. If any of the following are true of your man, you might need this book:

- Does he know every single word to his school's fight song?
- Does he sing it at two a.m. on the lawn of the opposing team's coach?
- Does he think nothing of driving twenty miles to help a friend fix his roof, even though he can't make it twenty feet to take out the garbage?
- When he comes home, is he often as muddy as the dog trailing behind him?
- Does he love MoonPies, RC Cola, and GooGoo Clusters?
- Does he still think Mama can do no wrong, even though he's got grandchildren of his own?

With her signature Southern wit, wisdom, and heart, Deborah Ford turns her attention to the men who drive us to distraction. Whether he lives in a tarpaper shack or a columned mansion, Deborah celebrates the wonderful, entertaining, and downright crazy GRITS that Southern women can't live without.





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Editorial Review

About the Author

Debbie Ford??? was an internationally recognized expert in the field of personal transformation. She was the best-selling author of many books, including:??? The Dark Side of the Light Chasers, The Secret of the Shadow, Spiritual Divorce, The Right Questions, The Best Year of Your Life, Why Good People Do Bad Things, The 21-Day Consciousness Cleanse,??? and??? The Shadow Effect.??? A transformational coach, speaker, and teacher for more than 20 years, Debbie created the renowned??? Shadow Process Workshop,??? was the executive producer of??? The Shadow Effect??? transformational documentary, and founder of The Ford Institute, the world-renowned personal and professional training organization. Visit: www.DebbieFord.com.

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Jamie Arellano:

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Joseph Wood:

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friend. Were you aware? Many a lot of people spent they free time just watching TV, or maybe playing video games all day long. If you need to try to find a new activity this is look different you can read the book. It is really fun to suit your needs. If you enjoy the book you read you can spent the entire day to reading a reserve. The book Bless His Heart: The GRITS Guide to Loving (or Just Living With) Southern Men it doesn't matter what good to read. There are a lot of people that recommended this book. They were enjoying reading this book. When you did not have enough space bringing this book you can buy the particular e-book. You can m0ore very easily to read this book out of your smart phone. The price is not to cover but this book possesses high quality.

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