



## Secrets of Asgard: An Instruction In Esoteric Rune Wisdom

By Vincent Ongkowidjojo

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A very long time ago Odin unlocked the secrets of the Runes. In two parts, Secrets of Asgard discusses their theoretical and a practical aspects. Part one focusses centres on the meaning of the individual runes and the myths, explaining the Aettir alongside Northern mythology. It describes each of the gods as well as the Nine Worlds etc. The second part centres on the application of the system, namely magic and divinatio and includes rituals and exercises. A thesis of practical rune magic is developed which is based on the Havamal 144 stanza. The analysis concludes that the Runes were traditionally regarded as actual spirits. The stanza explains how to make your own set as well as other talismanic objects. The practice of galdr-singing is discussed in more depth to complement the Havamal 144 techniques. Then, a discourse is given on the most common Ancient Germanic magical formulae. They complement the practical work on talismanic objects. A separate chapter is given on divinatory practices. Useful information on dreamwork is added and numerous other exercises used to make contact with the subconscious mind through auto-suggestion, and many other useul;ful ritual techniques and practices.

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## **Secrets of Asgard: An Instruction In Esoteric Rune Wisdom** By Vincent Ongkowidjojo Bibliography

- Rank: #1597774 in Books
- Published on: 2011-08-01
- Format: Large Print
- Original language: English
- Number of items: 1
- Dimensions: 9.02" h x .67" w x 5.98" l, .96 pounds
- Binding: Paperback
- 296 pages

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